

Great Lakes Cycling Code of Conduct

This policy is written with safety as the paramount concern for all athletes and families. As an organization that fosters development of student athletes, we hope to cultivate the philosophy of strong bodies, strong minds, strong character, and strong communities as part of our program.

- In all we do at this youth event, we keep this in mind: we represent Strong Minds, Strong Character, Strong Communities, and the Great Lakes Cycling Association to each other and the outside world looking in;
- We agree that all those present with our group - adults, coaches and youth - are considered event participants and agree to abide by this covenant;
- We agree to be part of all scheduled activities at the event in conjunction with our coaches;
- For our own safety, we will stay with our ride groups at practice. At events, we will stay with a friend and not leave the team area without notifying a parent or coach;
- We understand that illegal activity, including underage drinking or use of illegal substances, by athletes or anyone under the age of 21 is prohibited both on and off site during the event;
- We will make sure that our parents and/or coaches know where we are at all times. We will not leave the event venue/grounds without an adult or adult's permission;
- We will report any illness or personal emergency to a coach. If we cannot find an Great Lakes Cycling coach or parent, or need additional help, we will go to an event host or the League for assistance;
- We understand that if we break or damage anything at the event, we are responsible for working with the venue or League to fully pay for the repair;
- We agree to be quiet and inside our camping quarters during the listed curfew time (unless we are with an adult and quiet);
- We understand that, by registering for an event or race, we agree to allow Great Lakes Cycling or the WI League to take pictures during the event and use them for promotional purposes;
- We agree not to do anything that would jeopardize the enjoyment or safety of the other participants, coaches, staff, families, or spectators at the race or venue;
- We agree to abide by the guidelines stated above and to help one another keep this covenant;
- If we choose not to follow the covenant, we understand and accept the consequences decided upon by our coaches and/or The WI League or NICA;
- We understand that Great Lakes Cycling reserves the right to refuse the opportunity to participate in Great Lakes Cycling programs to people whose behavior is dangerous or questionable;
- We understand it is important to respect coaches/adults while they are talking and giving instruction. We agree not to interrupt a coach/adult while they are talking and to follow instructions given;
- We understand it is REQUIRED to wear a helmet anytime we are on the bike;

- We will not bully or disrespect other teammates, coaches, adults, or spectators. We understand younger members look up to us as an example, and we will lead the team in our thoughts, words, and actions.
- We understand that, for our safety, wheelies are not allowed during published practice times.

Please review and sign. By signing this, you agree to uphold the policies and code of conduct set forth by Great Lakes Cycling. If you violate this Code, appropriate disciplinary actions will be enforced as outlined in this document.

LEVEL 1

- Interrupting a coach
- Doing a wheelie/unsafe riding during published practice times or at any race venue
- Not following coach direction

Disciplinary Action: ride laps

Parents notified: first offense, no - second offense - yes

LEVEL 2

- Riding without a helmet
- Bullying, name calling or unsportsmanlike conduct

Disciplinary Action: suspension from team to removal

Parents notified: yes

LEVEL 3

- Any illegal activity

Disciplinary Action: suspension to removal from team

Parents notified: yes

**Youth
Signature** _____

**Parent/ Guardian
Signature** _____